

District 8 Conference Workshop Selections

Hosted by Northern Lebanon High School

Middle School		
MS01	<u>Tips on Fundraising:</u> Get tips on how to raise and save money. You will be doing advertising activities to help other student council members with fundraisers. You will also be brainstorming ideas for when you're on a tight budget.	Lindsay Keiser
MS02	<u>Teacher Appreciation Days:</u> Discussion about how to show our teachers we appreciate them. What do you do to show them? How could we start doing more?	Kyle Wall
MS03	<u>Dealing With Stress:</u> In this workshop you will learn how to manage your stress and anxiety and ways to help reduce it.	Kevin Lowen and Cassie Graves
MS04	<u>How to have a Successful Dance:</u> You will learn how to have an organized dance that everyone enjoys... setting up and attending!	Bethany Snyder
MS05	<u>Dance Theme Ideas:</u> In this workshop you will brainstorm and learn different themes you can incorporate into your school dances for a new twist on the fun.	
MS06	<u>How to Have a Successful Pep Rally:</u> You will learn how to have an organized pep rally that your student council members will enjoy organizing and that your peers and teachers will enjoy attending.	Megan DiAngelis and Harrison Lerch

MS07	<u>How to not be so Judgemental:</u> In this workshop you will learn how to be comfortable with yourself and others around you. We will observe and teach our own diversity.	Rebecca Hoffer
Middle School and High School		
MS/HS01	<u>Two Truths and a Lie:</u> Learn how honesty with others and yourself can shape the world around you for the better.	Devin Adams & Dylan Adams
HS/MS02	<u>How to be Positive:</u> You will learn the importance of positivity, how it affects you and those around you.	Gillian Stewart
HS/MS03	<u>How to be Confident but Not too Confident:</u> Learn the difference between cocky and confident. Confidence is everything, and you will learn the key steps to becoming a confident person.	Elizabeth Voight
HS/MS04	<u>How to Help Others Even if You're Not "Fond" of Them:</u> In this workshop you will learn how to get along with others peacefully and respectfully.	Katie Rathmell
HS/MS05	<u>How to Improve Relationships with Your Peers and Student Council Members:</u> You will learn how to connect yourself with student council members and people you come in contact with every day and how you can make a positive, lasting relationship with them.	Taylor Hill
HS/MS06	<u>Time Management:</u> In this workshop you will learn how to successfully balance your activities and set your priorities in order. You will also learn how to set goals to be achieved during your time.	Emily Nornhold

High School

HS01	<u>Becoming a Leader:</u> In this workshop you will discuss what leadership is, good leadership qualities, and life application through discussion and demonstration.	Libby Hickock
HS02	<u>How to Have Good Study Habits:</u> Learn how to put your phone down and pick up your pencil! Scenarios and discussions will be held to help your study habits turn from bad to rad.	Brielle Bowman
HS03	<u>Teamwork & Team Building:</u> In this workshop you will learn the importance of teamwork and how to build it using discussion topics, games, and icebreakers.	Naaj Alexander, Sydney, & Rae Ann Lessing
HS04	<u>Increasing Participation:</u> In this workshop you will learn how to increase the participation and get everyone involved in your council. You will also learn how to be confident when participating yourself.	Dante DiAngelis
HS05	<u>College Prep Tips:</u> In this workshop you will learn knowledgeable tips for preparing for one of the largest decisions in your life... college!	Drashti Patel
HS06	<u>How to get People Pumped Up During Events:</u> In this workshop you will learn how to have successful events where peers get involved and excited about getting involved!	Kimberly Weaner
HS07	<u>How to be Ethical:</u> You will learn the importance of ethics and how to maintain them through discussion and interaction.	Lindsey Smith

HS08	<p><u>How to Get Out & Volunteer:</u> In this workshop you will learn the importance of volunteer work and how to motivate yourself and others to do it!</p>	Maddison Pillsbury
HS09	<p><u>Connecting your Council:</u> In this workshop you will learn how to create a successful connection between fellow council members and the people you surround yourself everywhere through discussion and interaction.</p>	Jack Edmondson
HS10	<p><u>Public Speaking:</u> In this workshop you will learn how to build your knowledge of public speaking and improve your skills.</p>	Nick Wool
HS11	<p><u>Hosting Large Events in Small Schools:</u> In this workshop you will learn how to successfully organize large events with a small team in an organized and fashionable manner.</p>	Mamiya Erdman, Alycia Enders, & Noah Stahl
HS12	<p><u>How to Survive High School:</u> In this workshop you will learn the the do's and dont's of high school and how to accept yourself and those around you.</p>	Lexi Meko, Jacob Berzowski, & Matthew Sheeler
HS13	<p><u>The Art of Parliamentary Procedure:</u> In this workshop you will learn how to have school spirit and appreciation for the students and staff around you that will allow yourself and your peers to reach their full potential.</p>	Thatcher Stevens
HS14	<p><u>Stress Management:</u> In this workshop you will learn how to manage your stress and anxiety and ways to help reduce it.</p>	Jacob Franciscus & Jennifer Nowicki

HS15	<p><u>Make your STUCO on Fleek:</u> In this workshop you will learn ways to serve your student body and community by improving it.</p>	Hayley Althoff & Megan McGuire
HS16	<p><u>How to Break the Awkward Wall:</u> In this workshop you will learn the importance of bonding and how to successfully achieve it without being awkward.</p>	Elizabeth Gable & Shannon Flaharty
HS17	<p><u>How to Break Out of Your Shell & Get Involved:</u> In this workshop you will learn how to be confident in yourself and not afraid of what others may think of you. You will learn how to voice yourself and your opinions.</p>	Austin Shoop & Chartre' DeShong
HS18	<p><u>School Spirit & Appreciation:</u> In this workshop you will learn ideas to get your school excited to be involved. You will discuss different ideas and themes that can be used to hold successful events.</p>	Lydia Kirkpatrick & Jena Everett